



**RecalMax™**  
Promotes Healthy Brain Function

## PRODUCT INFORMATION

RecalMax™ is a dietary supplement designed to maximize the benefits of Nitric Oxide. Nitric Oxide relaxes blood vessels to allow for healthy blood flow throughout the body. RecalMax™ contains two amino acids: L-Citrulline and L-Arginine, plus a patented piperine extract called BioPerine®, that helps the body absorb these amino acids. At the correct dosing levels, these nutrients have a well recognized benefit in boosting blood flow throughout the body.\*

## SUGGESTED USE

- Take one (1) capsule twice daily or as instructed by a healthcare professional.
- It is recommended to take the second dose of RecalMax™ at least 4-6 hours prior to bedtime daily for a minimum of 4 months.
- A minimum of 4 months of daily intake is recommended for the L-Arginine to reach effective concentrations.\*
- Not recommended to exceed more than six (6) capsules per day.

## DOSAGE

Each serving contains 1500 mg of RecalMax™ proprietary blend.

## WARNINGS AND PRECAUTIONS

Consult a physician before using if pregnant, nursing or on medication.

A potential side effect of RecalMax™ is dry mouth. It is recommended to drink 62 oz. of fluids daily when taking RecalMax™.

Arginine may interact with certain heart and blood pressure medications.

Please talk to your doctor before taking RecalMax™ if you have low blood pressure or are on heart medication.

Do not take RecalMax™ if you are allergic to any of the ingredients.

## DESCRIPTION

RecalMax™ is a proprietary blend of the following ingredients

- L-Citrulline
- L-Arginine
- BioPerine® (piperine extract)

Additional ingredients are microcrystalline cellulose, silicon dioxide and magnesium stearate.

The body converts L-Arginine to Nitric Oxide (NO), which decreases with age. This can be a contributing factor that makes it difficult for some to maintain brain health. NO is sends a signal for blood vessels to relax and increase cerebral blood flow. When the body converts L-Arginine to Nitric Oxide (NO), a natural by-product of that conversion is L-Citrulline. The resulting L-Citrulline combines with the L-Citrulline found in RecalMax™ to produce more L-Arginine, which the body then converts to more NO.\*

BioPerine® is an effective bioavailability enhancer to increase the absorption of both L-Arginine and L-Citrulline. Increased absorption promotes longer and greater use in the body than with normal digestion and absorption.\*

## ADVERSE REACTIONS

The most commonly reported adverse reaction when using RecalMax™ were dry mouth and sleep disturbance if the second dose was taken late day.\*

In clinical trials of arginine, possible side effects include mouth dryness.

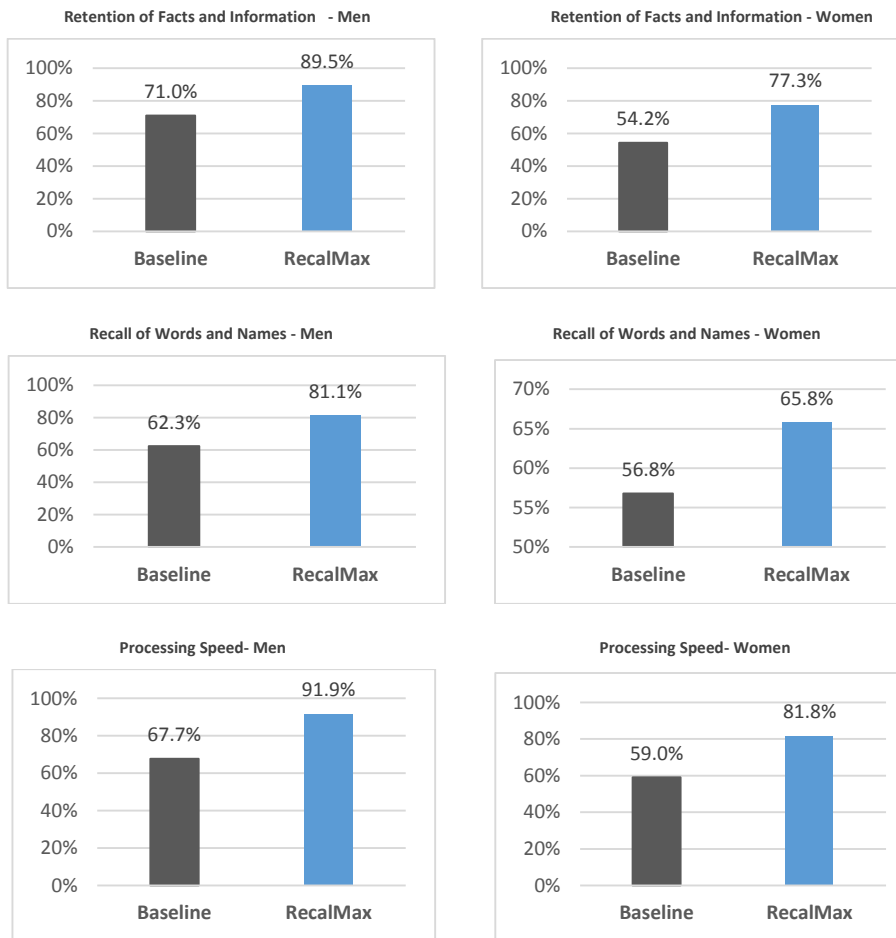
### USE IN SPECIFIC POPULATIONS

**Pregnancy:** RecalMax™ has not been studied for effect during use while pregnant. As with any dietary supplement, consult a physician before using if pregnant, nursing or on medication.

**Low Blood Pressure:** Do not take if you have low blood pressure before consulting with your physician.

### CLINICAL USE SURVEY

RecalMax™ was evaluated in a clinical use survey with 72 subjects (45% men, 55% women). Over 70% of participants were ≥40 years of age. A five-point satisfaction scale was used to measure brain health and memory recall. Following up to 4 months of use, the majority of men (89.5%) and women (77.3%) were satisfied with retention of facts and information. Other reported endpoints in the study survey were 81.1% of men and 65.8% of women confirmed satisfaction with recall of words and names in addition to 91.9% men and 81.8% women satisfied with processing speed following use of RecalMax™.\*



### HOW SUPPLIED/STORAGE AND HANDLING

RecalMax™ is supplied as an oval capsule, available in bottles containing 60 capsules.

Store in a cool dry place at room temperature.

**RecalMax™ is a dietary supplement and not a drug. It is not indicated for any medical condition, disease or disorder.**

**\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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San Diego, CA 92122

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